
IMMUNE BOOSTING SMOOTHIE



Ingredients

- 1 scoop Truvani Vanilla protein powder
- 1/2 cup nut milk
- 1/2 cup mango
- 1 banana
- juice from 1/2 lemon
- juice from 1 orange
- 1 tsp turmeric powder (2 Truvani turmeric tablets)

CHERRY BERRY SMOOTHIE



Ingredients

- 1 scoop Truvani Vanilla protein powder
- 1 cup almond milk
- 1/2 cup cherries
- 1/4 cup raspberries
- 1/2 banana

MANGO BANANA SMOOTHIE



Ingredients

- 1 scoop Truvani Vanilla protein powder
- 1 scoop Truvani Marine Collagen
- 1/2 cup frozen mango
- 1/2 cup frozen banana
- almond milk or coconut water

STRAWBERRY BANANA SMOOTHIE



Ingredients

- 1 scoop Truvani Vanilla protein powder
- 1 scoop Truvani Marine Collagen
- 1/2 cup frozen banana
- 1/4 cup frozen strawberries
- almond milk or coconut water